

BENEFITTING

you

Sweeney &
Associates

Kristi Sweeney, CFP®

Have you told them lately...

How you'd want to be cared for at the end of your life? Maybe you want heroic measures and maybe you don't. Maybe you'd want a feeding tube and maybe you wouldn't. It is your decision and it will be for as long as you can decide.

But what if you can't decide someday? How will your loved ones decide for you if they don't know? Make your wishes clear. Don't let care providers or courts decide for you.

It truly matters what you think about end of life issues and it matters if and how you tell your family. Think about it. Then, talk about it. Put it in writing. Who understands and can carry out your wishes? A person who knows how you feel should be your health care power of attorney.

Most people see an attorney to complete Living Wills and Power of Attorney forms. They do this along with their estate planning. That's what we should do. But not everyone **has** an estate to plan or dependents depending upon them...

For instance, what about young adults? A young person has a % chance of becoming totally disabled from an accident, from lifestyle choices or infrequently, from an illness.

Here's a simple, inexpensive way to start this important discussion in your family. Order the booklet, [Five Wishes](#). Call our office at #303-773-0200 to order one for yourself and someone you love.